



# Suto Healing Center

## Our policy for COVID-19 precautionary measures

We continue to provide online sessions both Bio-energy work and Chiropractic for our clients who cannot come or feel comfortable with this style.

We ask your understanding and cooperation in implementing our plan for continuing hands-on practice. As always, our goal is to help you thrive in optimal health, even during these challenging times.

### <Physical condition on appointment date and babysitting service >

- We cannot accept an appointment when you come to Japan from a foreign country until 14 days quarantine have been completed.
- Please call us if you have any symptoms, such as fever, cold, fatigue, difficulty breathing, impaired sense of taste or smell before the appointment date.
- We will suspend our babysitting service for the time being.

### <Preparation and Treatment >

- Please wear comfortable clothing and a mask during your treatment (we will not require you to change into gowns at this time). If you do not have a mask, please purchase one from us.
- When you enter our clinic, please use the hand sanitizer or wash your hands; we will then take your body temperature.

### <Our Policy >

- We measure our body temperature every day.
- We wear a face guard and mask. Therapists will wash their hands prior to treatment and they will also use hand sanitizer during the treatment.
- We keep windows open in all of our rooms and turn on the ventilation fans. After the treatment we clean our rooms with disinfectant. In the chiropractic department, we use 2 different rooms alternatively.
- In Chiropractic department, we have changed the time schedule to allow more time between each session so that you will not see the next client.

### <Cleaning policy with disinfectant after every session >

#### Treatment rooms

treatment and examination instruments, treatment bed, counter, locker(including hanger, tray and basket),chair, door knob, light switch, AC controller and trash box ※Towels and face papers changed every session.

#### 1. Waiting room

counter, area around water server, door knob, chair, and trash box

#### 2. Reception desk

counter, cash tray, telephone, cash register, and printer

#### 3. Washroom

door knob, light switch, toilet paper holder, washbasin, faucet fitting, counter, toilet seat and lever and trash box

### <Payment >

- You may pay the treatment fee by cash, bank transfer, or Paypal.