



First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Male ☐ Female ☐  
Date of Birth: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ (Day/Month/Year)

E-mail: \_\_\_\_\_ Married ☐ Single ☐  
Number of Children: \_\_\_\_\_

Your Nationality: \_\_\_\_\_ Occupation: \_\_\_\_\_

Post Number: \_\_\_\_\_

Address: \_\_\_\_\_

Please indicate how you heard about our clinic and tell us the name of your source.

\_\_\_\_\_

<Pregnancy>Your estimated delivery date: \_\_\_\_\_

Place: \_\_\_\_\_

## < ABOUT YOUR SYMPTOM NOW >

What is your symptom? \_\_\_\_\_

When did it start? \_\_\_\_\_

What do you think is the cause? \_\_\_\_\_

Did you consult a doctor or other clinic before?

☐ No / ☐ Yes ①Department: \_\_\_\_\_

②Diagnosis: \_\_\_\_\_

③Details of treatment: \_\_\_\_\_

☞ Medicine/Herbal medicine

☐ None / ☐ Yes(Name/Effect): \_\_\_\_\_

☞ Physical examination

☐ Did not take / ☐ Within normal range / ☐ Abnormal: \_\_\_\_\_

## < YOUR HISTORY >

☞ Disease/Problems

☐ Never / ☐ I had(When/Diagnosis): \_\_\_\_\_

☞ Accident / Injury

☐ Never / ☐ I had(When): \_\_\_\_\_

☞ Surgery

☐ Never / ☐ I had(When/Aftereffect): \_\_\_\_\_

I understand that I am financially responsible for the services that receive at SHC.  
I will satisfy my obligation in cash. Also, I hereby authorize the physician to treat me ( or my dependent / minor child ).

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
( or Patient's Parent / Guardian, if Minor )

## CONFIDENTIAL HEALTH HISTORY

In the space in front of each item, please draw “○” if you HAVE the problem now,  
or draw “△” if you have HAD the problem.

### GENERAL

☐ Fever  
☐ Chills  
☐ Night Sweats  
☐ Loss of Sleep  
☐ Fatigue  
☐ Nervousness  
☐ Weight Loss or Gain  
☐ Allergies

(Name: \_\_\_\_\_ )

☐ Bleeding Problem  
☐ Anemia  
☐ Diabetes  
☐ Cancer (Name: \_\_\_\_\_ )  
☐ Thyroid Disease  
☐ Goiter  
☐ Alcoholism  
☐ Drug Abuse

### EYE EAR NOSE THROAT

☐ Poor Vision  
☐ Pain in Eye(s) (Right/Left/Both)  
☐ Deafness/Difficulty Hearing  
     (Right/Left/Both)  
☐ Nosebleeds  
☐ Nose Problems  
☐ Sinus Problems  
☐ Dental Problems  
☐ Hoarseness  
☐ Tonsillectomy

### GASTROINTESTINAL

☐ Poor Appetite  
☐ Poor Digestion  
☐ Difficulty Swallowing  
☐ Belching or Gas  
☐ Frequent Nausea  
☐ Vomiting  
☐ Vomiting Blood  
☐ Pain over Abdomen  
☐ Ulcer  
☐ Black or Bloody Stools  
☐ Liver Problems  
☐ Gall Bladder Problems  
☐ Jaundice  
☐ Hernia  
☐ Diarrhea  
☐ Constipation  
☐ Hemorrhoid  
☐ Appendicitis

### NEUROLOGIC

☐ Weakness  
☐ Twitching  
☐ Tremors  
☐ Headache  
☐ Fainting  
☐ Dizziness  
☐ Convulsing  
☐ Epilepsy  
☐ Numbness/Tingling  
☐ Arm/Leg Pain  
☐ Mental Disorder

### RESPIRATORY

☐ Difficulty Breathing  
☐ Chronic Cough  
☐ Spitting Phlegm  
☐ Spitting Blood  
☐ Wheezing/Asthma  
☐ Pneumonia  
☐ Tuberculosis

### CARDIOVASCULAR

☐ Irregular Heartbeat  
☐ High Blood Pressure  
☐ Pain over Heart  
☐ Previous Heart Trouble  
☐ Ankle Swelling  
☐ Varicose Veins  
☐ Rheumatic Fever  
☐ Stroke

### GENITOURINARY

☐ Frequent Urination  
☐ Painful Urination  
☐ Blood in Urine  
☐ Kidney Disease  
☐ Urinary Infection  
☐ Inability to Control Urination  
☐ Difficulty Starting Urine Flow  
☐ Get up \_\_\_\_\_ times per  
     Night to Urinate  
☐ Venereal Infection  
☐ Sexual Difficulties

### SKIN

☐ Itching  
☐ Bruising Easily  
☐ Change in Mole(s)  
☐ Skin Cancer

### MUSCULOSKELETAL

☐ Neck Stiffness/Pain  
☐ Pain Between Shoulders  
☐ Low Back Pain  
☐ Swollen Joints  
☐ Painful Joints  
☐ Muscle Aches/Soreness  
☐ Spinal Curvature  
☐ Arthritis

### MEN ONLY

☐ Testicular Swelling/Pain  
☐ Prostate Problems

### WOMEN ONLY

☐ Painful Periods  
☐ Excessive Flow  
☐ Irregular Cycles  
☐ Vaginal Burning/Itching  
☐ Hot Flashes

Date Last Period Began \_\_\_\_\_

Date of Last PAP Test \_\_\_\_\_

Breast Lump or Pain \_\_\_\_\_

### HABITS

☐ Smoking  
     \_\_\_\_\_ Packs/day  
☐ Drinking  
☐ Recreational Drug Use

### EXERCISE

☐ None  
☐ 1–2 times/week  
☐ 3–5 times/week  
☐ 6–7 times/week

### FAMILY HISTORY

Include, information on brothers,  
sisters, parents and grandparents.  
DO NOT INCLUDE YOURSELF.

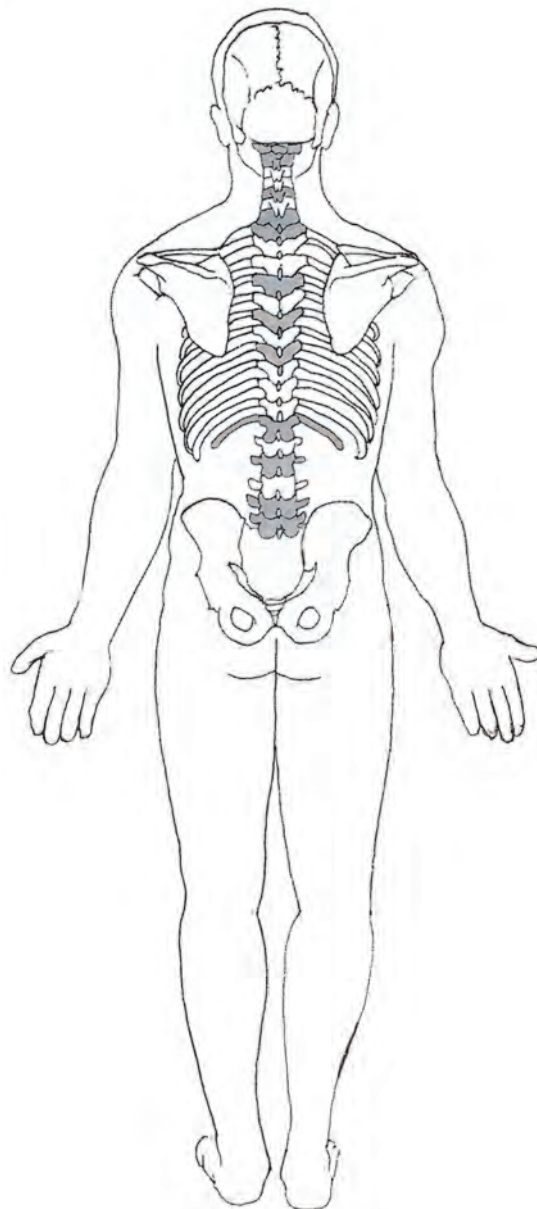
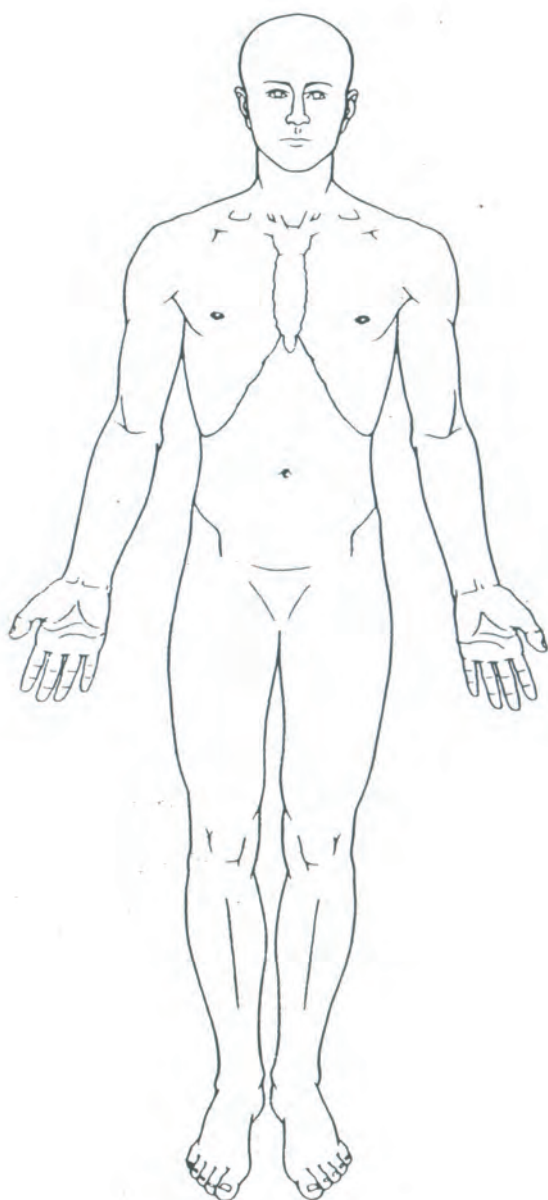
☐ Diabetes ( \_\_\_\_\_ )  
☐ Thyroid Disease/Goiter( \_\_\_\_\_ )  
☐ Tuberculosis ( \_\_\_\_\_ )  
☐ Kidney Disease ( \_\_\_\_\_ )  
☐ High Blood Pressure( \_\_\_\_\_ )  
☐ Heart Disease ( \_\_\_\_\_ )  
☐ Muscle, Bone or Nerve( \_\_\_\_\_ )  
☐ Cancer( \_\_\_\_\_ )

①Height      cm    ②Weight      kg    ③Blood Pressure      /      mm/Hg    ④ Left-hander • Right-hander

Please draw your pain on the picture with the marks below.

- : No Sensation
- : Numbness
- × : Burning Pain
- \* : Ache

- : Dull pain
- △ : Tight Feeling
- / : Pin and Needle Pain
- : Heavy Feeling



### ✿ YOUR GOAL ✿

When you recover from your symptom, what do you want to do first?

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